



# Ohio Department of Rehabilitation and Correction

770 West Broad Street  
Columbus, OH 43222  
614-752-1164

Ted Strickland, Governor

[www.drc.ohio.gov](http://www.drc.ohio.gov)

Terry Collins, Director

TO: All DRC Inmates

FROM: Terry J. Collins  
Director

DATE: July 7, 2009

RE: Brunch Meal

Effective **August 1, 2009**, all institutions will be implementing a two-a-day meal service schedule on weekends and state-recognized holidays. A brunch meal will replace separate breakfast and lunch meals currently being served.

The change in the weekend and holiday meal schedule will allow for significant cost savings (in staff and utilities) while being responsive to the eating habits and food preferences of the inmate population. The decision to change to two meals per day on weekends and state-recognized holidays was closely examined.

Some of the factors that went into the decision are as follows:

- Implementation of the brunch meal **will not** result in less food being served on a given day. The same amount of food will be available as is currently being served in three meals per day.
- We are adding items to the brunch menu that inmate focus groups have told us they would like to have but are doing so in a nutritionally sound manner. Under the brunch menu, we are adding the following items to the menu, which we could not provide when serving three meals per day: turkey bacon, turkey ham, coffee cake, brownies, rice pudding, breakfast burritos, cheese sauce, English muffins, and other items not normally provided.
- A review showed that a majority of the inmate population chooses to skip weekend and holiday breakfast time to wait for the lunch meal service. Currently, approximately one third of all inmates eat breakfast on the weekend. At times, as few as 15% of the population have eaten breakfast on a given day.
- However, pilot tests of a brunch meal service showed that a similar or even higher number of inmates ate brunch as compared to those who chose to eat lunch under the three meals per day schedule. This means that more inmates will be eating more food under the brunch menu.
- Inmates who are insulin dependent, or who are on renal or six meal per day diets will be provided an appropriate morning snack bag through the medical department, to ensure their diet needs are met.

The change in the weekend and holiday meal schedule will help the agency save money while providing significant benefits to the inmate population. I appreciate your cooperation while we implement this change. Please discuss any questions or concerns with appropriate institution staff.

## COMPARISON OF TWO MENUS

### CURRENT MENU

SUNDAY
<b>BREAKFAST</b>
ORANGE JUICE
BRAN FLAKES
WHITE BREAD
PEANUT BUTTER
GRAPE JELLY
MILK
COFFEE
SWEETENER
<b>LUNCH</b>
TEXAS HASH
PEAS
LETTUCE SALAD
FRENCH DRESSING
PEACH SLICES
WHEAT BREAD
BEVERAGE
<b>DINNER</b>
CHILI CON CARNE
BAKED POTATO
BROCCOLI
PEARS
SUGAR COOKIES
WHITE BREAD
BEVERAGE
MARGARINE

### BRUNCH MENU

SUNDAY
<b>BRUNCH</b>
ORANGE JUICE
CORNFLAKES
TURKEY HAM
ENGLISH MUFFIN
CHEESE SAUCES
BAKED POTATO
BROCCOLI
BROWNIE
FRESH FRUIT
MILK
COFFEE
SWEETENER
<b>DINNER</b>
CHICKEN OVER
BISCUITS
MASHED POTATOES
SPINACH
CORN
PEACH SLICES
OATMEAL COOKIES
BEVERAGE