

SEXUAL ASSAULT IN THE PRISON SETTING

Facts That Every Inmate
Should Know



Did You Know



- ? 90 to 95 % of men who are raped do not report it.
- ? 52% of all females have experienced some sort of sexual victimization.
- ? 80% of all rapes involve two people who know each other. In 27% of rapes the attacker is a close relative.

Did You Know



- ? A rape survivor is not at fault, even if she/ he was drunk, doing drugs or had previous consensual sex with the attacker.
- ? It is common for rape survivors to have feelings of embarrassment, anger, guilt, panic and fear, even several months or years after the attack.

What Is Sexual Assault



Sexual assault can include:

rape, sexual battery,
gross sexual imposition,
sexual imposition,
felonious sexual penetration,
voyeurism,
public indecency,
sexual harassment.

What Is Sexual Assault



Sexual assault is a crime of violence, power and control, not of passion and sexual desire.

The offender uses sex as a weapon to assault the body, the mind, the psyche and the spirit.

Breaking The Silence



- ✓ The stigma of apparent weakness in having been raped often prevents a survivor from coming forward.
- ✓ Many male survivors find it difficult to identify their experience as rape because they have been taught to believe that men cannot be victims of sexual assault.

Breaking The Silence



- ✓ Some men will treat sexual assault as just another physical assault and fail to seek further emotional support or psychological assistance once the initial physical injuries heal.
- ✓ Researchers have noted that a fear of having their sexual identity questioned often prevents male survivors from coming forward to share their experience with others.

Caution

Rape Avoidance

The only way rape can be prevented is when a potential rapist chooses NOT to rape.

However, you may avoid an attack by keeping the following safety guidelines in mind:



Caution

Rape Avoidance

- Be aware of situations that make you feel uncomfortable. Trust your instincts. If it feels wrong LEAVE.
- Don't let your manners get in the way of keeping yourself safe. Don't be afraid to say "NO" or "STOP IT NOW".
- Walk and stand with confidence. Many rapists choose victims who look like they won't fight.



Caution

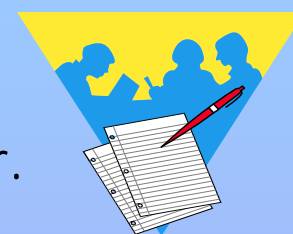
Rape Avoidance

- Avoid alcohol and other drugs. They can effect your judgement and your ability to leave or fight.
- Do not accept commissary/personal property from another inmate. Placing yourself in debt to another inmate can lead to the expectation of repaying the debt with sexual favors.
- Avoid secluded areas. Position yourself in plain view of staff members. If you are being pressured for sex, report it to a supervisor immediately.

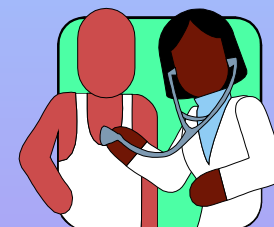
What To Do If You Are Sexually Assaulted . . .

If the attack has just happened

⬇ Get to a safe place. Report the attack to a staff member.



⬇ Request immediate medical attention. You may have serious injuries that you aren't aware of, and any sexual contact can expose you to sexually transmitted diseases.



⬇ Do not shower, brush your teeth, use the restroom, or change your clothes. You may destroy important evidence.



What To Do If You Are Sexually Assaulted

Later On

↙ Seek the support of a trusted friend or family member. The days ahead can be traumatic and it helps to have people who care about you supporting you.

↙ **Seek professional help with a trained crisis specialist. A trained professional can help you sort out your thoughts and feelings. Medical and/or Mental Health staff are available 24 hours a day, 365 days of the year, to listen and offer support.**

