

STATE OF OHIO



DEPARTMENT OF REHABILITATION
AND CORRECTION

SUBJECT: Therapeutic Diets	PAGE <u>1</u> OF <u>4</u>
	NUMBER: 68-MED-10
RULE/CODE REFERENCE:	SUPERSEDES: 68-MED-10 dated 04/06/10
RELATED ACA STANDARDS: 4-4318; HC-1A-38	EFFECTIVE DATE: January 30, 2015
	APPROVED: 

I. AUTHORITY

This policy is issued in compliance with Ohio Revised Code 5120.01 which delegates to the Director of the Department of Rehabilitation and Correction the authority to manage and direct the total operations of the Department and to establish such rules and regulations as the Director prescribes.

II. PURPOSE

The purpose of this policy is to establish guidelines for the ordering, provision and documentation of therapeutic diets as prescribed by the appropriate clinicians. Prescriptions for therapeutic diets should be specific, complete, follow the dietary formulary and are provided in writing to the food service manager.

III. APPLICABILITY

This policy applies to all institutional staff employed by, or under contract with, the Department of Rehabilitation and Correction and specifically to those individuals involved in the evaluation for and provision of therapeutic diets; and to all inmates confined to institutions within the Department.

IV. DEFINITIONS

Advanced Level Provider (ALP) - A medical professional who is approved to practice as a Physician, an Advanced Practice Nurse under Ohio Revised Code Section 4723.43 or a Physician's Assistant under Ohio Revised Code Section 4730.

Dietetic Technician - A health care professional who is formally educated and trained in food and nutrition and who has completed a two-year associate degree in dietetic technology from a program approved by the American Dietetic Association and practices dietetics under the supervision of a registered, licensed dietitian.

Dietitian - A health care professional who is formally educated and trained in food and nutrition and who has a four-year degree in dietetics and a 900 hour supervised practice program and is licensed by the Ohio Board of Dietetics and may be registered with the American Dietetic Association.

Therapeutic Diet - A modified diet, which is necessary in the treatment of an acute or chronic disease or condition.

V. POLICY

It is the policy of the Ohio Department of Rehabilitation and Correction (DRC) to supply a heart healthy diet; for all, keeping therapeutic diets for those patients with an official diet order when it is deemed medically necessary by the ALP. DRC does not honor individual food preferences.

VI. PROCEDURES

A. Dietary Referral

1. Patients shall be evaluated in chronic care clinic, physicians' sick call or a dental appointment for possible referral for dietary consultation, as outlined in protocol D-5, Diet Formulary, and protocol D-6, Nutrition Assessment and Care.
2. An Advanced Level Provider (ALP) shall write an order for dietary consultation to be completed by the dietetic technician or dietitian.
3. The Mental Health Practitioner shall write a referral to the medical ALP to request a review of patient for potential dietary intervention.
4. A nurse shall transcribe the order, complete the Nutrition Referral Log (DRC5354) as outlined in protocol D-6, Nutrition Assessment and Care, and shall send a copy of the doctor's order to the dietetic technician or dietitian for completion.
5. A Temporary Diet Order (DRC5002) and Temporary Diet Card (DRC5042) shall be written by the nurse for no longer than 30 days until the inmate patient can be seen by the dietetic technician.

B. Nutrition Assessment

1. The dietetic technician shall see patients entered on the Nutrition Referral Log (DRC5354) for nutrition assessment within 21 days of the initial Doctor's Order (DMH0020).
2. The dietetic technician shall conduct the nutrition consultation and document all findings on the Nutrition Assessment form (DRC5120) and in the Interdisciplinary Progress Notes (DMH0008) using SOAP format, as outlined in protocol D-6, Nutrition Assessment and Care.
3. The Diet Order form (DRC5002) shall be used for all therapeutic diet orders and shall conform to the process outlined in protocol D-5, Diet Formulary.

C. Provision of Diets

1. It is the responsibility of the food service department to make therapeutic diet substitutions available to all patients with valid therapeutic diet orders whether in institutional camps, death row, or other special management housing units.
2. Patients with valid therapeutic diet orders who reside in Special Management Housing Units (SMH), a Residential Treatment Unit (RTU), infirmary, or any other unit from which the patient is unable to eat at the inmate dining room, shall receive meal trays that are made to meet the requirements of the medically ordered therapeutic diet.
3. The dietetic technician, along with the institutional food service management, shall be responsible for ensuring that special arrangements are made with the food service department for all patients who are deemed unable to make appropriate food choices in the dining room (i.e. portioning out a tray at each meal for a patient with impaired mental judgment).
4. If the food service manager believes a diet card is expired, the patient must continue to be given the diet. The food service manager shall contact the dietetic technician for further action.
5. A therapeutic diet manual is available in the health services and food services areas for reference and information.

D. Patient Responsibility for Nutrition Assessment and Care

Patients will be responsible to follow all therapeutic diet education. Patients who are non-compliant with a therapeutic diet shall, as defined by disease control, receive follow-up intervention regarding their diet as outlined in protocol D-6, Nutrition Assessment and Care.

E. Renewal of Therapeutic Diets

1. The institution dietetic technician shall be responsible for reporting the need for diet order renewal to the medical department at least 7 days before expiration of the diet. A Doctor's Order (DMH0020) must be written for diet renewal.
2. The dietetic technician shall complete and forward the new Diet Order (DRC5002) to the food service department and issue the patient a new diet card.

F. Diet Reporting

1. The dietetic technician shall record all patients with a valid therapeutic Diet Order (DRC5002) on the Diet Tray History list (DRC5174) and provide the list to food service every Friday for the following week.

2. The dietetic technician shall provide training to food service staff in completing the Diet Tray History form (DRC5174). Each box under the meal/snack label shall be marked with an "X" for meal/snack served and an "O" for meal/snack missed.
3. The dietetic technician shall enter all in patients with a Doctor's Order (DMH0020) for a therapeutic diet into the Monthly Stats program in the Medical Information System which will generate the Monthly Diet Evaluation (DRC5190).
4. The dietetic technician shall print the Monthly Diet Evaluation (DRC5190) and the Diet Summary Report (DRC5189) from the reports menu in the Monthly Statistical Program.
5. In the absence of a dietetic technician, the Health Care Administrator or designee is responsible for completing electronically in the Monthly Statistics, the Diet Tray History sheets (DRC5174), Monthly Diet Evaluation (DRC5190) and the Diet Summary Report (DRC5189).
6. The dietetic technician or person completing the Monthly Diet Evaluation (DRC5190) is responsible for verifying the Diet Evaluation (DRC5190) with the Diet Orders (DRC5002) signing and keeping on file in the medical department.
7. All monthly reporting is to be completed by the 10th of the month. These include the Monthly Diet Evaluation (DRC5190) and the Diet Summary Report (DRC5189).

G. Auditing of Therapeutic Diets

The Dietary Operations Manager shall perform at least an annual audit.

Related Department Forms:

Interdisciplinary Progress Notes	DMH0008
Doctor's Order	DMH0020
Diet Order	DRC5002
Diet Pass	DRC5041
Temporary Diet Card	DRC5042
Nutrition Assessment	DRC5120
Diet Tray History	DRC5174
Diet Summary Report	DRC5189
Monthly Diet Evaluation	DRC5190
Clinical Assessment Report	DRC5301
Nutrition Referral Log	DRC5354